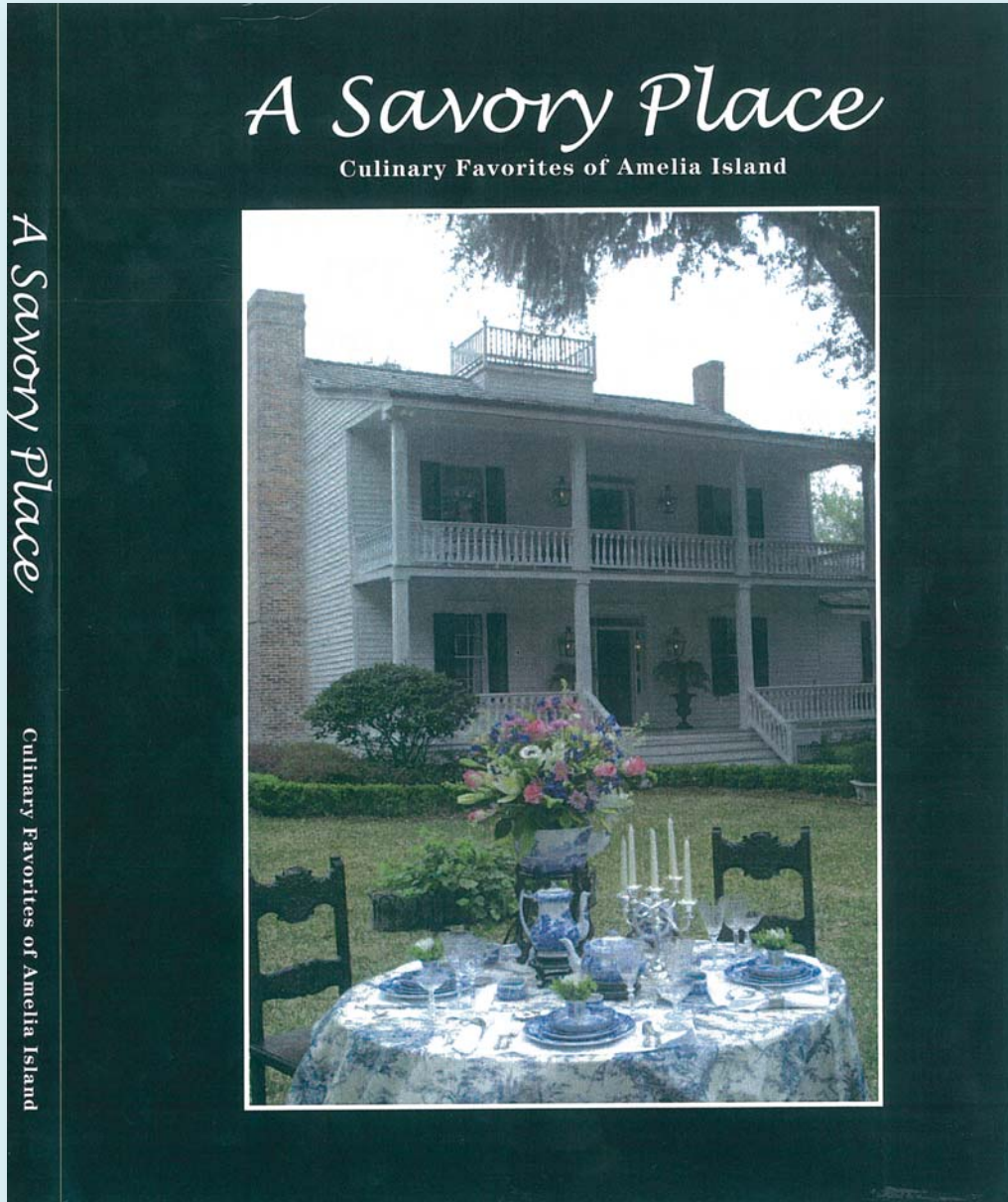


# *A Savory Place:* Culinary Favorites of Amelia Island



Domestic violence affects 1 out of 4 women;  
help us to stop it.

# About Micah's Place

## What is Micah's Place?

Micah's Place, Inc. is a Certified Domestic Violence Center serving the residents of Nassau County, Florida. Micah's Place offers safe emergency shelter for victims of domestic violence. Micah's Place also offers outreach programs, including legal advocacy, and community education and awareness programs.

## History of the Organization:

Micah's Place began in 1999, with a group of concerned citizens who knew that survivors of domestic violence needed a safe place to go. In June of 2003, Micah's Place began offering outreach services, counseling, information and referrals via a 24-hour toll-free hotline. In December of 2003 the organization opened a 16-bed emergency shelter for survivors of domestic violence.



Micah's Place programs are growing exponentially to meet the needs of our community, as resources become available. Current programs include outreach, crisis hotline, community education, court advocacy, educational programs for high and middle schools and community groups, trainings for community professionals, resale center, emergency cell phone distribution, support groups, and volunteer program.

## Organizational Structure:

Micah's Place currently has 14 well-trained employees, and a base of nearly 300 dedicated volunteers.

The organization is governed by a Board of Directors that is made up of local community citizens who volunteer their time to help oversee the fiscal health, community support, and general well-being of the agency.

## Our Mission:

The Mission of Micah's Place is "Crisis to confidence... more than a shelter." Our purpose is "to provide prevention and intervention services to victims of domestic violence; and to provide education within our community to effect change in behavior and attitudes relating to domestic violence."

### The numbers speak for themselves.....

*From July 2008 through June 2009 Micah's Place provided:*

- shelter to 124 survivors of domestic violence.
- a 24 hour crisis hotline to 900 calls.
- 2,560 bednights of safe shelter.
- 812 counseling hours.
- 970 safety plans.
- 65 child assessments.
- provided financial assistance 1,043 times.
- assisted in filing victims compensation for 40 participants.
- assisting in filing 87 injunctions for protection
- and provided 1,655 people with information and referrals.

# About the Cookbook

Capturing the beauty, charm, and flavors of a day on Amelia Island, Florida, *A Savory Place: Culinary Favorites of Amelia Island* is a new cookbook that will delight readers with both culinary treasures and gorgeous photography, all the while contributing to a worthy cause: ending domestic violence in Northeast Florida.

Beginning as a simple concept to raise funds and awareness, Micah's Place's first cookbook is a remarkable achievement that is certain to delight cooks, cookbook lovers, and those wanting to reconnect with that "certain something" that makes Amelia Island such a wonderful place.

## Wonderful Recipes and Beautiful Photography...

Featuring 170 recipes hand-selected and carefully tested by a dedicated team of Auxiliary members of Micah's Place, the cookbook takes readers on a delicious journey from "Beginnings" – appetizers with a Southern-island flair – all the way through the day to "Endings" – desserts that capture the essence of relaxing as the sun sets over the salt marsh. Each section also includes the gorgeous island photography of Max Hertwick and Robie Ray, making the book as much a coffee table treasure as a culinary one.

## Domestic Violence is a Serious Issue...

Since domestic violence is, at its core, a home-based issue, a cookbook seems a particularly fitting way to bring awareness and needed funds to a truly worthy cause. "If we take into consideration the national statistic that 1 out of every 4 women is a victim of domestic violence then you can be certain that you know someone that has been touched by this crime," explains Shandra Riffey, Executive Director of Micah's Place. "No one is immune – not your sister, your mother, your aunt, your friend, or yourself. Help us stop the violence for all our sake."

Often a hidden problem, domestic violence is more prevalent than many people realize. Recent statistics showed that 5.3 million women are abused every year in America (source: American Institute on Domestic Violence) Underlining the magnitude of the issue, Katey Breen, Development Director, says, "Domestic violence is not only a horrific crime that impacts families and children, it greatly affects our workplace costing millions in lost productivity and burdens our healthcare system with billions in expenses."

Although this issue is a constant struggle, Micah's Place is providing real solutions – and hope – to affected individuals and families, providing safe housing, life skills training, education, child assessments, and many more services to ensure a smooth transition to a new life and support for an individual or family as they leave an abusive situation for good.

Cover to cover, A Savory Place is a cookbook that will not only connect readers to the wonderful seaside flavors of Amelia Island, but that will be displayed as a reminder of the Southern charm of this island paradise – and the buyer's commitment to ending domestic violence.

### About the Photographers:

*Max Hertweck worked as a news photographer through High School, College and subsequently several newspapers. He and Robie Ray were together as staff photographers on the Columbus (GA) Ledger-Enquirer and the Norfolk Virginia-Pilot and Ledger-Star where they won numerous photographic awards. Each are past-presidents The Virginia News Photographers Association and both have won The Slover Award in Virginia for Excellence in News Photography. Max resides in Amelia Island and Robie Ray lives in Daphne, Alabama*

# Interview Questions

Please use any/all as they fit your program's needs.

## About Micah's Place and Domestic Violence:

1. Why don't you tell us a little about Micah's Place. How did it begin?
2. Tell us about your services. How many families are you serving per year?
3. I know that many people feel that domestic violence isn't that big of an issue because they have not personally experienced it. What percentage of the population is confronted with abusive relationships? Is an abusive relationship always violent?
4. Because this always comes up, tell me – why DO people stay in abusive relationships?
5. What are the factors that help a person get out of an abusive relationship?
6. I am sure that people in our audience are either dealing with abuse in their relationships or know someone who is. What would you tell someone that wants to leave their abuser?
7. How about advice for people that would like to help someone that is in an emotionally or physically abusive relationship?
8. What is your website and phone number for those that are interested in seeking help with abusive relationships?
9. And how to do people order A Savory Place: Culinary Favorites of Amelia?

## Creating a Cookbook for Charity:

1. What caused you to decide to create a cookbook to support Micah's Place's efforts to end domestic violence?
2. How did you ask for recipes from the community? How did you decide which ones would be included in the book?
3. Making a project professional can be an issue. How did you get help from quality providers to help make the cookbook so beautiful?
4. The cookbook contains (?) full-color photographs of Amelia Island, making it a gorgeous book to look at – aside from the wonderful recipes. How did you select the pictures to be included in the book?
5. What have been the biggest challenges in creating the cookbook?
6. How about the biggest successes?
7. I am sure you have some interesting stories that came from the making of the cookbook – what is one of the funny things that happened along the way?
8. What advice would you have for other charities that are considering creating a cookbook to fundraise for their charity?

## Domestic Violence Snapshot:

**5.3 million women are abused each year.**

**1,232 women are killed each year by an intimate partner.**

**Domestic violence is the leading cause of injury to women.**

*source: American Institute on Domestic Violence*

# Interview Questions

## Southern Cookbooks:

1. What gives this cookbook a “Southern flair?”
2. When people think of Southern cooking, they most often imagine fried chicken and grits. However, there is a lot more to the regional cuisine than that – can you tell us a bit about the kinds of recipes that are included?
3. Now, Amelia Island is just south of the Georgia border and just north of Jacksonville. I have heard people describe Amelia as a “Southern Mayberry by the Sea.” What makes it such a special place to be?
4. How did you come up with the title: *A Savory Place*?
5. So, what makes Amelia such a savory place to be?

## Domestic Violence as a Healthcare and Workplace Issue:

1. Healthcare has come to the forefront of the American consciousness. How is domestic violence a healthcare issue?
2. What are the costs associated with treating victims of domestic violence annually?
3. Of course, it becomes a workplace issue as well. Does a battered person's work performance suffer as a result of domestic violence?
4. I have heard that workplace homicide is an issue. Can you tell me more about that?
5. Are corporations doing enough to address this issue? What kinds of things could a workplace do to begin to address the issue of domestic violence?
6. So, in summary, domestic violence is a very expensive - and dangerous issue for the workplace. Where can corporations or other organizations go to get statistics and help for dealing with this issue?

### Domestic Violence in the Workplace:

- *The health-related costs of rape, physical assault, stalking, and homicide by intimate partners exceed \$5.8 billion each year.*
- *Of this total, nearly \$4.1 billion is for victims requiring direct medical and mental health care services.*
- *Lost productivity and earnings due to intimate partner violence accounts for almost \$1.8 billion each year.*
- *Intimate partner violence victims lose nearly 8.0 million days of paid work each year - the equivalent of more than 32,000 full-time jobs and nearly 5.6 million days of household productivity.*

*Source: American Institute on Domestic Violence*

## Media Contact:

Katey Breen,  
Development Director  
904-491-6364 ext. 102

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